

Baby Showers



Throwing a Baby Shower

Baby showers have grown by popular demand – what used to be a very American idea, the idea of throwing a baby shower to an expectant mum, has really grown in popularity. Aside from the celebrity parties splashed all over the celebrity gossip magazines, they really are a great way to get all your female friends, family and work colleagues together for one last time before the new arrival and really celebrate the pregnancy, especially if it has been difficult in some way, after all, pregnancy should be embraced and celebrated

Baby showers can be great fun and a great excuse to eat lots of cake! Traditionally there is a host for the party who organises the general theme and games! Venues range from Afternoon Tea at a posh hotel or a relaxing day spa but they don't need to be hugely expensive and can be held at someone's house with just tea and some lovely cupcakes.

It has become a tradition to 'shower' the expectant mum with gifts too. Sometimes, guests will be superstitious and will prefer to wait until after the baby is born, perhaps giving mum a gift – pregnancy toiletries are very popular but lots of guests like to surprise the expectant mum with gifts for baby, often unisex, which will prove useful for when baby is born – newborn babygros, hats, socks and blankets are most popular as well as gift vouchers for the expectant mum's favourite baby shop. Increasingly vouchers for a local therapist eg. Reflexology, Homeopathy, Yoga, or beauty treatment are also a really thoughtful way of giving a gift for the expectant mum.

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maternity- baby – gifts

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